



**CRS**  
CATHOLIC RELIEF SERVICES

**Loving God,  
Guide us to love  
our neighbors  
in our deeds and  
thoughts.  
Help us express  
our faith in  
acts of solidarity  
with the world.  
We ask this in  
your name,  
Jesus our Lord.  
Amen.**

[crs.org](http://crs.org)

**CATHOLIC RELIEF SERVICES needs YOU**  
Created in 1963, Catholic Relief Services is the official international humanitarian agency of the Catholic community in the United States. Through CRS, our community of faith touches more than 100 million lives overseas, helping those in need regardless of race, religion or nationality. We uphold the sacredness of life and the dignity of every person, promote international peace and justice, and create global solidarity. In partnership with dioceses, parishes, Catholic schools, colleges and organizations, CRS provides opportunities for Catholics in the United States to learn about and connect with their brothers and sisters overseas.

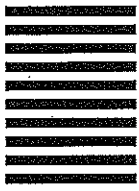


**BUSINESS REPLY MAIL**

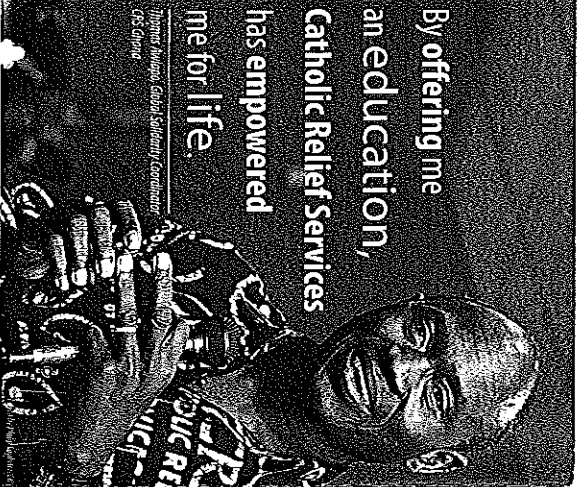
FIRST-CLASS MAIL PERMIT NO. 99 BALTIMORE MD

POSTAGE WILL BE PAID BY ADDRESSEE

ATTN: CRSU  
CATHOLIC RELIEF SERVICES  
228 W LEXINGTON STREET  
BALTIMORE MD 21298-8299



NO POSTAGE  
NECESSARY  
IF MAILED  
IN THE  
UNITED STATES



**By offering me  
an education,  
Catholic Relief Services  
has empowered  
me for life.**

*Theresa Mwangi, Global Solidarity Coordinator  
CRS Ghana*

**CRS is here to serve YOU better**

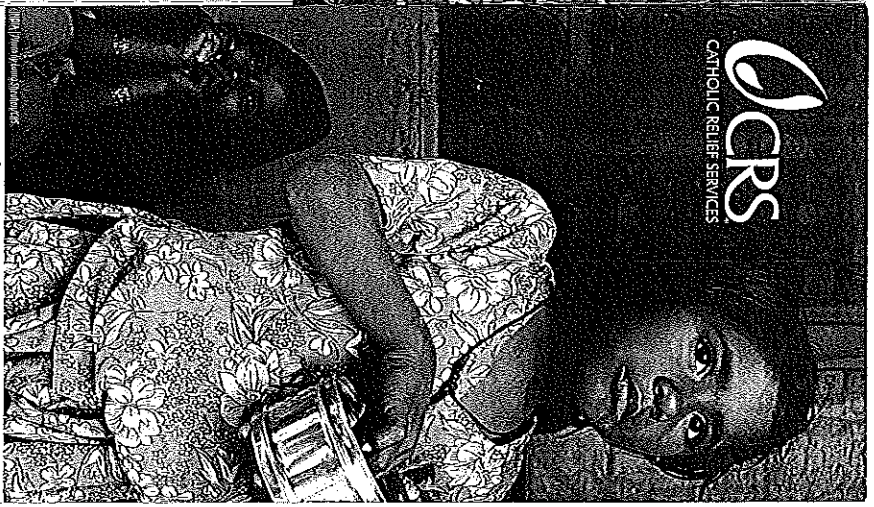
For more information on how to make a difference, call us toll free at 866-608-5978, contact your regional office below or visit [crs.org](http://crs.org).

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**CRS.ORG**



**CRS**  
CATHOLIC RELIEF SERVICES

**YOU CAN MAKE A  
DIFFERENCE  
to millions of people  
around the world**

# YOU Can Put Your Faith into Action

By Praying, Learning, Acting and Giving, Catholic Relief Services can help you respond to the Gospel call to love your neighbor by building a world where people live as one human family.

**PRAY** for the families around the world who are affected by chronic poverty, violence, hunger and natural disasters. Visit [education.crs.org](http://education.crs.org) for prayer and liturgy resources or join us at [crs.org/weekly-prayers](http://crs.org/weekly-prayers) for *What We're Praying for This Week*.

**LEARN** about the needs of the world and how you can help. Go to [crs.org](http://crs.org) to become informed about CRS programs, follow **Voices: The CRS Blog** or connect with us on **Facebook**, **Twitter** and **YouTube** to get regular updates on critical issues affecting the poor overseas.

**ACT** on behalf of those who are suffering:

- Be one in a million voices advocating for our brothers and sisters! Join Catholics Confront Global Poverty at [crs.org/globalpoverty](http://crs.org/globalpoverty).
- Choose CRS fair trade products whenever you can. Visit [csfairtrade.org](http://csfairtrade.org).
- Get involved with your church's social ministry group, and make sure they add **Operation Rice Bowl** to their agenda for Lent! Learn more at [orb.crs.org](http://orb.crs.org).

**GIVE** to make a difference. You can be confident about your gift to CRS. Ninety-five percent of our expenditures go directly to programs that benefit the poor overseas. Your contribution will help CRS provide emergency relief and long-term, sustainable solutions to alleviate hunger and poverty in nearly 100 countries. To donate, visit [crs.org](http://crs.org) or call 877-Help-CRS (877-435-7277). Or support one of our projects directly by shopping the *Gift of Hope Catalog* at [gifts.crs.org](http://gifts.crs.org).

[crs.org](http://crs.org)



## YOU Can Get Involved

**Catholics Confront Global Poverty** is an initiative of the United States Conference of Catholic Bishops, CRS and Catholics throughout the United States that advocates on issues including global hunger, peace, migration, and orphans and vulnerable children affected by HIV. Visit [crs.org/globalpoverty](http://crs.org/globalpoverty) to get involved.

**CRS College.org** provides opportunities for college students, faculty, staff and campus ministers to connect with our global community. As part of this effort, the Global Solidarity Network provides Catholic colleges and universities with access to CRS experts about issues pertaining to social justice.

**CRS Fair Trade** gives you a concrete way to promote economic justice for artisans, farmers and workers living in poverty overseas. Purchase fair trade coffee, chocolate or high-quality handicrafts from a nearby CRS partner or through the Work of Human Hands catalog. Visit [csfairtrade.org](http://csfairtrade.org) to shop responsibly.

**Food Fast** is a 24-hour fasting retreat for young Catholics that focuses on global poverty and hunger around the world. CRS also offers daylong programs for schools and universities. Learn more at [foodfast.org](http://foodfast.org).

**Going Global With Youth** is a gateway to lesson plans, activities, prayer services, and other resources for young people to explore global issues through Catholic social teaching. Visit [education.crs.org](http://education.crs.org)

**Leadership Development** through CRS provides on-site training for your parish, diocese or Catholic school. E-mail [resources@crs.org](mailto:resources@crs.org) for more information.

**CRS Global Fellows** are clergy who share their overseas experiences in parishes and faith communities across the United States. For more information about how you can invite a priest or deacon to speak at your parish, visit [globalfellows.crs.org](http://globalfellows.crs.org).



**CRS Operation Rice Bowl** provides resources to individuals, families, parishes and schools so they can observe Lent in a way that helps poor people around the world through prayer, fasting and almsgiving. Seventy-five percent of donations fund CRS development programs in the world's poorest countries. Twenty-five percent supports hunger and poverty alleviation efforts in U.S. dioceses. Visit [orb.crs.org](http://orb.crs.org) to learn more.

[crs.org](http://crs.org)



**CRS** Pray • Learn • Act • Give  
Catholic Relief Services Giving Hope to a World of Need.

## YOU Are Invited to Put Your Faith Into Action!

To learn more about how you can make a difference, please complete the form below.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Parish: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

## CHOOSE where YOU would like to MAKE A DIFFERENCE:

- Pray, Learn, Act, Give:** I want to learn about the most important ways I can help. Please e-mail me the monthly newsletter *CRSolving*, emergency updates and advocacy briefings.
- Fair Trade:** I want to help farmers and artisans earn a fair price for their products. Please e-mail me the *Fair Trade* e-newsletter.
- Operation Rice Bowl:** Please e-mail me weekly reflections so that I can join CRS in prayer, fasting and almsgiving during Lent.
- Advocacy:** I want to join my fellow Catholics in confronting global poverty. Please add me to the advocacy e-mail list.
- Global Fellows:** Please send me information on how to invite a Global Fellow to speak at my parish.

YOU can also SIGN UP at [SIGNUP.CRS.ORG](http://SIGNUP.CRS.ORG).